



## **“SPIRIT” the Seahawk**

**Sunderland Promotes Integrity, Responsibility, Independence & Trust**

March 21, 2021

### **News this week**

- We are currently working on a plan where we will have the opportunity to invite some specific small groups of students in for targeted instruction on Fridays. Our decisions will be data driven using the numerous assessments we have for all students. We have included data that includes: MAP data, report card grades, Lexi and Dreambox usage and scores. We will be contacting the priority student groups over the next two weeks with a start date of April 16<sup>th</sup> in mind. You will get emails and a phone call if your student qualifies.
- Please note that March 30<sup>th</sup> is NOT a 2 hour Early Release.
  - March 30\* – full instructional day
  - April 9 – Teacher Work Time – 2 hours – rescheduled from March 30
- CCPS will be offering covid testing. It is a voluntary test. If your student is a hybrid student, feel free to send the form in with your child to give to his/her teacher. If you prefer, you may scan and email to [sesforms@calvertnet.k12.md.us](mailto:sesforms@calvertnet.k12.md.us) More details are attached in the letter from Dr. Curry and Dr. Polsky. Please feel free to call or email Nurse Sherri if you have questions.

### **Tech Tip from our Technology Committee**

**Headphones or earbuds** are a crucial school supply in this virtual environment. They block out noise and help the students remain focused in their learning environment. The noise and other activities around a student can be distracting for many students. Please invest in a pair of headphones, label them with your student’s name, place them in a Ziplock bag (also labeled with their name), and be sure they have access to them at school and at home. ***If you are unable to provide the headphones or earbuds for your child, please contact your child’s teacher so that we can help provide some.***

Remember to keep the student computers plugged in and open over the weekend to receive CCPS updates.

If you have any **device issues or need a replacement device**: email: [ccpsdevicehelp@calvertnet.k12.md.us](mailto:ccpsdevicehelp@calvertnet.k12.md.us)

If you have any **app issues, such as Schoology, Dreambox, Lexia**: email: [ccpsapphelp@calvertnet.k12.md.us](mailto:ccpsapphelp@calvertnet.k12.md.us)

***\*\*\*It has been recognized that if a student is not fully logged out of Lexia or active the entire time they are logged in, the program will not log their minutes.***

### **Equity Across Sunderland**

***Habit #13 for culturally effective people is to challenge your descriptive bias. How can we question the bias that inform our behavior?***

See the top ten tips for culturally effective habits by Verna A. Myers, author of What if I Say the Wrong Thing?

<https://www.vernamyers.com/2020/05/15/what-if-i-say-the-wrong-thing-10-tips-for-culturally-effective-people/>

### **Join the FSO:**

There is still time to join the FSO for the school year! [www.sunderlandfso.org](http://www.sunderlandfso.org)

- FSO Meetings: The meetings are open for all to attend. They will be held virtually at 7:00PM until further notice. The Teams links are below and will be included in future letters, as well:

○ **Wednesday, April 7, 2021**

### Microsoft Teams meeting

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Or call in (audio only)**

[+1 240-800-7985,,242319387#](tel:+12408007985242319387) United States, Bethesda

Phone Conference ID: 242 319 387#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

○ **Wednesday, May 5, 2021**

### Microsoft Teams meeting

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Or call in (audio only)**

[+1 240-800-7985,,56460260#](tel:+1240800798556460260) United States, Bethesda

Phone Conference ID: 564 602 60#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

○ **Tuesday, June 1, 2021**

### Microsoft Teams meeting

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Or call in (audio only)**

[+1 240-800-7985,,307686339#](tel:+12408007985307686339) United States, Bethesda

Phone Conference ID: 307 686 339#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

### **Yearbook:**

The 2020/2021 Yearbooks will look very different from previous years due to virtual learning. We feel it is a great idea to continue the tradition of the SES Yearbook so that the kids have a keepsake to look back on and reflect. To accomplish this, we will need all parents and teachers to help make this a memorable yearbook.

We have several parents who have volunteered to oversee collecting pictures from their children's class. If your teacher has asked for volunteers, please let that teacher know as soon as possible if you can help. Also, if you have any candid pictures that you have taken with other SES children at any special events, please send them to the email address for yearbooks [sesfsoyearbook@gmail.com](mailto:sesfsoyearbook@gmail.com). Examples of pictures we are hoping to

receive are any pictures that you have taken during an outing this school year with other SES children or siblings that involve sports, special events and/or candid shots.

Also, if you have taken any pictures throughout the school year while your child has been online during virtual learning, please include those as well. Every parent probably took at least one photo of what our virtual learning environment looked like at the beginning of the year, so please send those in as well.

When sending in the pictures, please include who is in the picture, grade, teacher, and event and a contact number in case we have any questions. Questions or pictures can be emailed to [sesfsosecondvicepresident@gmail.com](mailto:sesfsosecondvicepresident@gmail.com) and include "Yearbook" in the subject line. Thank you.

The FSO has developed a user friendly website that can be accessed through the Sunderland Elementary page at <https://sesweb.calvertnet.k12.md.us/parents/fso> **How can you support SES FSO??**

We would love to have every family join the FSO so if you would like to become a member, please click here: <https://www.sunderlandfso.org/membership>

**Support the Spirit Nights** at local restaurants where you support local business and our school! Check out the schedule: <https://www.sunderlandfso.org/spiritnights>

## ***Soaring Seahawks***

The Soaring Seahawks are how we recognize students for the showing the 3 R's and other Habits of Mind traits within our PBIS program- Respect, Responsible and Ready To Learn! We are proud of YOU! We have so many, we will be chunking the groups over the next few weeks! Way to SOAR!

### **Week 3/15 – 3/19**

**Ms. Bauer's B-Cohort** Cooperation; Creativity

I was very impressed with Ms. Bauer's class during their Art class. The class was very cooperative and SUPER creative! I loved seeing all of the Spring themed artwork they created during our time together! Keep up the awesome work! ~ Mrs. Medwid

**Mrs. Reading's B-Cohort** Creativity; Cooperation

Mrs. Reading's class created awesome drawings during Art class. The entire class was very cooperative and SUPER creative! I loved seeing all of the Spring themed artwork they created during our time together! Keep up the great work! ~ Mrs. Medwid

**Mrs. Cleary's B-Cohort** Cooperation; Creativity

I loved watching Mrs. Cleary's class create Spring themed art drawings. The students were very cooperative and even collaborated (from a distance)! I was excited to hear about some of their submissions for our upcoming SES Yearbook cover! What an awesome and creative class! ~ Mrs. Medwid

**Rose Angell, Shayne Barger, Madison Beach, Brenna Cranford, Maddie Goodwin, Ali Lefamil, Elynn Long, Samantha Nkwenji, Rebekah Price, Easton Rednagle, Wesley Smith, Zayne Smith, Phoenix Wall, Holden Walters, and Ben Webb**

Ready to Learn

What a fantastic job these students did during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating during our discussion and mindfulness practice. Keep practicing your coping strategies! ~ Ms. Hilton

**Braelyn Anderson, Ellie Hawkins, Maddie Hayden, Lorelei Lemon, Jolene Lightner, Jayden Minnix, Connor Oates, Daryl Rice, Zoe Sondberg, Lillian Trammell-Pirner**

Ready to Learn

These students did a fantastic job participating during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating during our discussion and mindfulness practice! Keep up the great work! ~ Ms. Hilton

**Brody Dockery, Kole Kendrick, Jacob Kurtz, Gleb McCann, Daniel McKeehan, Ayden Mohr, Codi Shaffier, Georgia Smyth, Camden Thompson, Reagan Walker, and Luke Webb**

Ready to Learn

These students did a FANTASTIC job demonstrating they were ready to learn during our Classroom Counseling lesson! They participated in our class discussion and mindfulness practice. Keep up the great work! ~ Ms. Hilton

**Julia Albaugh, Elijah Anderson, Elizabeth Bishop, Braedon Brustman, Jasmine Dandridge, Camryn Lampel, Vivienne McDonald, Taylor Nethers, Aiden Pyle, Beckett Sargent, and Blake Williamson**

Ready to Learn

These students did an AMAZING job demonstrating they were ready to learn by participating during our Classroom Counseling lesson! They shared some wonderful coping strategies--keep up the great work! ~ Ms. Hilton

### **Week of 3/8 – 3/12**

**Amaris Custodio-Hernandez, Riley Armacost, Hudson Schleper, Darius Barton, Madison Boyd, Zoey Hrotic, Alana Maxwell, Caidence Wyvill, Brennan Bigsby, Caleb Willett, and Tanea Plater**

Ready to Learn; Participation

You all did a fabulous job participating during our Classroom Counseling lesson! Keep practicing your coping strategies! ~ Ms. Hilton

**Olive Clark, Hazel Dionne, Calvin Finamore, Briley Griffin, Raelyn Griffin, Alexander Gruselle, Scarlett Hagen, Matthew Hedin, Grady Kurtz, Dominic LaBriola, Cassidy Leister, Arleigh Little, Dustin Mikkola, and Layla Rickert**

Ready to Learn; Participation

These students did a wonderful job of participating during our Classroom Counseling lesson! They demonstrated that they were ready to learn and ready to practice their coping strategies! Keep up the great work! ~ Ms. Hilton

**Ms. Bagdovitz's 1<sup>st</sup> grade class**

Ready to Learn; Participation

Your class was amazing during our Classroom Counseling lesson! Most students participated during our class discussion and mindfulness practice--I look forward to our next lesson! ~ Ms. Hilton

**Jax Brown, Addison Cole, Ellary Dobb, Lucas Hall, Travis Jones, Kendall Shea, and Trevor Westman**

Ready to Learn; Participation

These students did a great job of participating during our Classroom Counseling lesson! They showed they were ready to learn coping strategies to help them manage their strong feelings. Keep up the great work! ~ Ms. Hilton

**Linc Ryan, Riley Conville, Yazmine Brandt, Lilly Beasley, Nicholas Carver, Lyric Fortune, Emerson Abell, Bradley Dennis, Jo-Vell Dinnall, Ivy Cassa, Trent Long, Saniya Fletcher, Brayden Savoy, Jahmil Murphy, and Ellie Sullivan**

Ready to Learn; Participation

These students did an amazing job participating during our Classroom Counseling lesson! They showed they were ready to learn about coping strategies to help them handle their strong feelings. Keep up the great work! ~ Ms. Hilton

**Mrs. Bruzzese's/Ms. Singh-Montes 2<sup>nd</sup> grade class**

Ready to Learn; Participation

Everyone did such an amazing job participating during our Classroom Counseling lesson! Many students participated in our discussion on feelings and coping strategies and participated in our mindfulness practice. Way to go! ~ Ms. Hilton

**Drake Bennett, Keller Bernhard, Cole Davis, Maison Gerowe, Sawyer Hall, Jameson Hardeman, Brooks Lightner, Elizabeth Nickerson, Trey Miller, Athena Pickle, and Summer Sneade**

Ready to Learn; Participation

These students did a fantastic job participating during our Classroom Counseling lesson! They showed they were ready to learn about feelings and coping strategies--keep out the great work! ~ Ms. Hilton

**Tatiana Alvarez, Sadie Campbell, Mackenzie Dick, Emma Farling, Kimberly Freeland, Colton Hall, Halley Ratledge, Ja'Liyah Reed, Jamie Serio, Oakleigh Surratt, Penelope Tate, and Brooklyn Wall**

Ready to Learn; Participation

These students did a fantastic job demonstrating they were ready to learn and participating during our Classroom Counseling lesson! Keep practicing and using your coping strategies! ~ Ms. Hilton

**Reagan Henebery, Acacia Wells, Blake Simmerer, Brooklyn Cherowitzo, Sophia Caloia, Tristan Brooks, Jacob Wiggins, Kayden James, Clark McColley, Michael Fortner, Tina DeToto, Karson Emerson, Jayvia Holland, Alayah Rawlings, and Georgia Pearsall**

Ready to Learn; Participation

What an amazing job all of you did participating during our Classroom Counseling lesson! You demonstrated that you were ready to learn and shared many great feelings and coping strategies! Way to go! Keep practicing and using your coping strategies!! ~ Ms. Hilton

**Jacob Wiggins**

Perseverance

Jacob was having technical difficulties during our lesson today. He spoke up to let me know what was happening and showed perseverance by not giving up! Great job, Jacob! ~ Ms. Hilton

**Mrs. Millsaps 1st grade class**

Participation

Mrs. Millsaps students did an amazing job participating during our Classroom Counseling lesson! Almost everyone participated in our discussion and mindfulness practice--way to go! ~ Ms. Hilton

**Lisa Furuike-Mounga**

Ready to Learn

Lisa demonstrated "ready to learn" this week by coming in each day with a smile on her face and working to get her assignments in. She took pride in her work. Keep up the great work, Lisa! ~ Mrs. Fleck

**Cullen Finnegan**

Ready to Learn

Cullen demonstrated "ready to learn" this week by coming to class ready to focus and get his work completed. He even learned a few new tricks in Schoology. Keep up the great work, Cullen! ~ Mrs. Fleck

**Xander Ewashkow**

Ready to Learn

Xander demonstrated "ready to learn" by focusing on his work each day to get his assignments completed and submitted. Great job, Xander! Keep up the great work! ~ Mrs. Fleck

### Nathan Lee

Ready to Learn

Nathan has demonstrated “ready to learn” this week by being on top of his work and contributing to class discussion. Way to rock the week, Nathan! ~ Mrs. Fleck

### Gabe Hall

Ready to Learn

Gabe came to Music on his very first day, ready to work. He jumped right in and worked hard. Keep up the great work, Gabe! Welcome to Sunderland! ~ Mrs. Fleck

### Mrs. Williams' Third Grade Class

Responsibility; Ready to Learn

This Soaring Seahawk is to commemorate that as of 1:20 this afternoon, EVERY student in your class has correctly submitted EVERY assignment that was assigned this past week in Music! I'm feelin' the love. Thank you all so very much! This is how we learn! Keep up the great work!!!! ~ Mrs. Fleck

## **Counselor's Corner from Ms. Hilton: March 21, 2021**

- Middle School registration forms will be sent home with “A week” 5<sup>th</sup> grade students on Monday, March 22<sup>nd</sup>. Please review, sign, and return your student’s registration form NO LATER than Thursday, March 26<sup>th</sup> to ensure your child’s placement for middle school next year. Registration forms for “virtual” students were mailed home last week. Directions for returning the form will be included with your student’s registration form. If you have any questions regarding middle school placement and course options, please contact Ms. Hilton at 443-550-9387. Below is a link to the 2021-2022 Middle School Planning Guide. The planning guide can also be found on the CCPS website under the “For Parent” tab.

<https://bit.ly/37JRC1e>

- Our “B week” 5<sup>th</sup> grade students did an amazing job returning their forms—all but 1 form was received! Can “A week” students return ALL of their forms?!
- During the month of March, we will focus on “coping strategies” during Classroom Counseling lessons. It is so important for children to be able to recognize and name their feelings and know how to manage strong feelings! Ask your student what coping strategies they will practice! The books we will read in class this month are, *My Many-Colored Days* by Dr. Seuss, *Glad Monster, Sad Monster: A Book About Feelings* by Ed Emberley & Anne Miranda, *The Color Monster: A Story About Emotions* by Anna Llenas, and *Listening to My Body* by Gabi Garcia.
- Check out the March “Home and School Connection” and “Recipes for Success”! These documents can also be found in my Schoology group by selecting “Resources” in the “Parent Resources” folder.

<..\Home & School Connection\March 2021 Home School Connection.pdf>

<..\Home & School Connection\March 2021 Recipes for Success.pdf>

- Don’t forget to participate in “Happy Hearts” and email pictures of your hearts to Ms. Hilton!
- If you are interested in joining the SES School Counselor Schoology group (students are already added), you may use the following code: 7MSM-FRZ3-F5XMZ. The following video can assist you with this process: [https://www.youtube.com/watch?v=AY7Rh2Oi\\_0A](https://www.youtube.com/watch?v=AY7Rh2Oi_0A)

*The Sunderland Heartfelt program has begun! The Heartfelt program, supported by community churches, provides a weekly backpack consisting of small meals, snacks, and supplemental food items for the weekend. If your family would benefit from participating, please contact Ms. Hilton (443-550-9387; [hiltond@calvertnet.k12.md.us](mailto:hiltond@calvertnet.k12.md.us)).*

## ***Past Information***

- Attached is a survey for parents who have Special Education services, SECAC Nomination Form and the Student Quarantining Document
- CCPS has provided a guidance document regarding the quarantining of students based on the updated requirements from Gov. Hogan. It is attached.
- CCPS is working on offering some form of a summer school program for students. Plans have not been finalized and will be by invitation to target those students who may be struggling. Once I have the final plan, I will communicate it to all and begin the invitation process. Stay tuned!
- Lots of Soaring Seahawks in this edition! Please share with your student if he/she received one! Celebrate!
- 5<sup>th</sup> Grade Yearbook Dedications: Please check out the FSO website to make your 5<sup>th</sup> grade dedication for your 5<sup>th</sup> graders! <https://www.sunderlandfso.org/5thgrade>
- Our Yearbook cover will be created by a 5<sup>th</sup> graders this year! Encourage your 5<sup>th</sup> graders to submit a cover to the contest! Check out the details at <https://www.sunderlandfso.org/contest>