



## **“SPIRIT” the Seahawk**

**Sunderland Promotes Integrity, Responsibility, Independence & Trust**

March 28, 2021

### **News this week**

- For marking period 3:
  - Cohort B students will receive their report cards and carry them home on Thursday, April 15.
  - Cohort A students will receive their report cards and carry them home on Monday, April 19.
  - Report cards will be mailed to 100% virtual students no later than Monday, April 19.
- Enjoy your Spring Break April 1<sup>st</sup> – April 6<sup>th</sup>! We will see students return on April 7<sup>th</sup>.
- Dr. Curry sent a survey regarding next year to all families in CCPS. I am attaching it and I hope that SES can have a very high percentage of participation in the survey.
- Please note that March 30<sup>th</sup> is NOT a 2 hour Early Release.
  - March 30\* – full instructional day
  - April 9 – Teacher Work Time – 2 hours – rescheduled from March 30
- For 5<sup>th</sup> grade families: We are working with central office and all other elementary schools to determine how we will celebrate our 5<sup>th</sup> graders concluding their elementary school experience and be recognized. More to come.
- CCPS will be offering covid testing. It is a voluntary test. If your student is a hybrid student, feel free to send the form in with your child to give to his/her teacher. If you prefer, you may scan and email to [sesforms@calvertnet.k12.md.us](mailto:sesforms@calvertnet.k12.md.us) More details are attached in the letter from Dr. Curry and Dr. Polsky. Please feel free to call or email Nurse Sherri if you have questions.

### **Tech Tip from our Technology Committee**

Remember to keep the student computers plugged in and open over the weekend to receive CCPS updates.

If you have any **device issues or need a replacement device**: email: [ccpsdevicehelp@calvertnet.k12.md.us](mailto:ccpsdevicehelp@calvertnet.k12.md.us)

If you have any **app issues, such as Schoology, Dreambox, Lexia**: email: [ccpsapphelp@calvertnet.k12.md.us](mailto:ccpsapphelp@calvertnet.k12.md.us)

**\*\*\*It has been recognized that if a student is not fully logged out of Lexia or active the entire time they are logged in, the program will not log their minutes.**

### **Equity Across Sunderland**

**Habit #14** for culturally effective people is to become mutually adaptive. How can we better understand the subjective forms of other cultures such as values, expectations, emotional expression, relationships, and power?

See the top ten tips for culturally effective habits by Verna A. Myers, author of *What if I Say the Wrong Thing?*

<https://www.vernamyers.com/2020/05/15/what-if-i-say-the-wrong-thing-10-tips-for-culturally-effective-people/>

### **FSO Updates**

**Join the FSO:**

There is still time to join the FSO for the school year! [www.sunderlandfso.org](http://www.sunderlandfso.org)

- FSO Meetings: The meetings are open for all to attend. They will be held virtually at 7:00PM until further notice. The Teams links are below and will be included in future letters, as well:

○ **Wednesday, April 7, 2021**

## Microsoft Teams meeting

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Or call in (audio only)**

[+1 240-800-7985,,242319387#](tel:+12408007985242319387) United States, Bethesda

Phone Conference ID: 242 319 387#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

○ **Wednesday, May 5, 2021**

## Microsoft Teams meeting

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Or call in (audio only)**

[+1 240-800-7985,,56460260#](tel:+1240800798556460260) United States, Bethesda

Phone Conference ID: 564 602 60#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

○ **Tuesday, June 1, 2021**

## Microsoft Teams meeting

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Or call in (audio only)**

[+1 240-800-7985,,307686339#](tel:+12408007985307686339) United States, Bethesda

Phone Conference ID: 307 686 339#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

## ***Yearbook:***

The 2020/2021 Yearbooks will look very different from previous years due to virtual learning. We feel it is a great idea to continue the tradition of the SES Yearbook so that the kids have a keepsake to look back on and reflect. To accomplish this, we will need all parents and teachers to help make this a memorable yearbook.

We have several parents who have volunteered to oversee collecting pictures from their children's class. If your teacher has asked for volunteers, please let that teacher know as soon as possible if you can help. Also, if you have any candid pictures that you have taken with other SES children at any special events, please send them to the email address for yearbooks [sesfsoyearbook@gmail.com](mailto:sesfsoyearbook@gmail.com). Examples of pictures we are hoping to receive are any pictures that you have taken during an outing this school year with other SES children or siblings that involve sports, special events and/or candid shots.

Also, if you have taken any pictures throughout the school year while your child has been online during virtual learning, please include those as well. Every parent probably took at least one photo of what our virtual learning environment looked like at the beginning of the year, so please send those in as well.

When sending in the pictures, please include who is in the picture, grade, teacher, and event and a contact number in case we have any questions. Questions or pictures can be emailed to [sesfsosecondvicepresident@gmail.com](mailto:sesfsosecondvicepresident@gmail.com) and include "Yearbook" in the subject line. Thank you.

The FSO has developed a user friendly website that can be accessed through the Sunderland Elementary page at <https://sesweb.calvertnet.k12.md.us/parents/fso> **How can you support SES FSO??**

We would love to have every family join the FSO so if you would like to become a member, please click here: <https://www.sunderlandfso.org/membership>

**Support the Spirit Nights** at local restaurants where you support local business and our school! Check out the schedule: <https://www.sunderlandfso.org/spiritnights>

## ***Soaring Seahawks***

The Soaring Seahawks are how we recognize students for the showing the 3 R's and other Habits of Mind traits within our PBIS program- Respect, Responsible and Ready To Learn! We are proud of YOU! We have so many, we will be chunking the groups over the next few weeks! Way to SOAR!

### **Week of 3/22 – 3/26**

**Cole Accipiter, Meiyanna Alston, Alaina Dennis, Tobias Dorn, Rashaad Garrett, Gabby Goshorn, Jayden Graves, Gibson King, Penny Koeble, Brandon Mudd, Juleon Ray, and Logan Smith**

Ready to Learn

These students did a fantastic job during our Classroom Counseling lesson. They demonstrated they were ready to learn by participating during our discussion and mindfulness practice. Keep up the great work! ~ Ms. Hilton

**Kai Bricker, Ryan Brown, Martin Chen, Grant Dobb, Sam Dobb, Ian Freeland, Taylor Hall, Cole Hayden, Eli Lucente, Chris Nickerson, and Keller Swann**

Ready to Learn

These students did a wonderful job during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating during our discussion and mindfulness practice. Way to go! ~ Ms. Hilton

**Olivia Allen-Baker, Jaxon Crupi, Hunter Genest, Ben Hardeman, Jackson Medcalf, Andrew Nickerson, Dylan Reeder, Garrison Thigpen, and Gwyneth Turner**

Ready to Learn

These students did an amazing job during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating during our discussion and mindfulness practice. Keep up the great work! ~ Ms. Hilton

**Josiah Becker, Matthew Bellosi, Addy Bolger, Kylah Danna, Aaron Deal, Kellan Goodwin, Elora Grant, Paisley Jarboe, Olivia Murchison, McKenzie Nickerson, Nathan Soffer, and Porter Wilkenson**

Ready to Learn

What a fantastic job these students did during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating in our discussion and mindfulness practice. Way to go! ~ Ms. Hilton

**Valentina Alvarez, Joey Brown, Cassidy Fletcher, Carly Herrin, Macy Knott, Gideon Mohr, Emily Oberg, Harper Ratcliff, Preston Schultz, Ryan Whittington, Cruz Williams, and Ethan Zurowski**

Ready to Learn

What a great job these students did during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating in our discussion and mindfulness practice. Keep up the great work! ~ Ms. Hilton

Devin Angus, Isabella Collins, Chris Comey, Carter Glista, Bella Hall, Natalie Hall, Nick Knott, Emerson Kuhstoss, Matthew Lee, David Levin, Kaleab Mekonnen, Max Miller, and Kaylyn Tyler

Ready to Learn

These students did a fantastic job showing they were ready to learn by participating during our Classroom Counseling lesson! Keep up the great work! ~ Ms. Hilton

Mrs. Simmons 4th grade class

Ready to Learn

Mrs. Simmons class had the most students who participated during our Classroom Counseling lesson! Great job participating during our class discussion, activities, and mindfulness practice. Way to go! ~ Ms. Hilton

## **Counselor's Corner from Ms. Hilton: March 28, 2021**

- A huge THANK YOU to all of our 5<sup>th</sup> grade families for returning the middle school registration forms!
- Next Wednesday begins Spring Break. I hope everyone gets a well-needed and well-deserved rest! Get outside and soak up some Vitamin D! Sunshine is nature's mood-booster!
- During the month of March, we will focus on "coping strategies" during Classroom Counseling lessons. It is so important for children to be able to recognize and name their feelings and know how to manage strong feelings! Ask your student what coping strategies they will practice! The books we will read in class this month are, *My Many-Colored Days* by Dr. Seuss, *Glad Monster, Sad Monster: A Book About Feelings* by Ed Emberley & Anne Miranda, *The Color Monster: A Story About Emotions* by Anna Llenas, and *Listening to My Body* by Gabi Garcia.
- Check out the March "Home and School Connection" and "Recipes for Success"! These documents can also be found in my Schoology group by selecting "Resources" in the "Parent Resources" folder.

[..\Home & School Connection\March 2021 Home School Connection.pdf](#)

[..\Home & School Connection\March 2021 Recipes for Success.pdf](#)

- If you are interested in joining the SES School Counselor Schoology group (students are already added), you may use the following code: 7MSM-FRZ3-F5XMZ. The following video can assist you with this process: [https://www.youtube.com/watch?v=AY7Rh2Oi\\_0A](https://www.youtube.com/watch?v=AY7Rh2Oi_0A)

*The Sunderland Heartfelt program has begun! The Heartfelt program, supported by community churches, provides a weekly backpack consisting of small meals, snacks, and supplemental food items for the weekend. If your family would benefit from participating, please contact Ms. Hilton (443-550-9387; hiltond@calvertnet.k12.md.us).*

## **Past Information**

- We are currently working on a plan where we will have the opportunity to invite some specific small groups of students in for targeted instruction on Fridays. Our decisions will be data driven using the numerous assessments we have for all students. We have included data that includes: MAP data, report card grades, Lexi and Dreambox usage and scores. We will be contacting the priority student groups over the next two weeks with a start date of April 16<sup>th</sup> in mind. You will get emails and a phone call if your student qualifies.
- Attached is a survey for parents who have Special Education services, SECAC Nomination Form and the Student Quarantining Document

- CCPS has provided a guidance document regarding the quarantining of students based on the updated requirements from Gov. Hogan. It is attached.
- CCPS is working on offering some form of a summer school program for students. Plans have not been finalized and will be by invitation to target those students who may be struggling. Once I have the final plan, I will communicate it to all and begin the invitation process. Stay tuned!
- Lots of Soaring Seahawks in this edition! Please share with your student if he/she received one! Celebrate!
- 5<sup>th</sup> Grade Yearbook Dedications: Please check out the FSO website to make your 5<sup>th</sup> grade dedication for your 5<sup>th</sup> graders! <https://www.sunderlandfso.org/5thgrade>
- Our Yearbook cover will be created by a 5<sup>th</sup> graders this year! Encourage your 5<sup>th</sup> graders to submit a cover to the contest! Check out the details at <https://www.sunderlandfso.org/contest>